



10th Internacional Workshop

# Professionals facing palliative needs and suffering

1 March 2024, from 9.30 a.m. to 5.00 p.m.

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Campus Barcelona  
Saló de Graus  
Immaculada, 22  
08017 Barcelona  
T. +34 932 541 800

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The current edition will deal with the systematic assessment of the needs of people who require **palliative care** as well as the **support for professionals** in ethical decisions at the end of life in the face of suffering. New evidence will be provided with **discussions between experts** and the impact this has on patients, professionals and families will be visualized through a **participatory method** that includes attendees.

## Schedule

**09.30 a.m.**

Registration

**10.00 a.m.**

Welcome

**Cristina Monforte-Royo**  
**Joaquim Julià-Torras**

**10.05 a.m.**

Opening speech "Palliative care measures to reduce suffering in advanced disease"

**Miguel Fombuena**

**10.50 a.m.**

Three-fold perspective of palliative care needs assessment: patient, family and professional

**Blanca Goñi**

**11.15 a.m.**

Clinical guide consensus for assessing needs in the first palliative care visits

**Iris Crespo**

**11.35 a.m.**

Expert panel: Advantages of the systematic approach to palliative care needs

**Pablo Noguera, Lina Nitola, María Jimeno**

Moderator: **Joaquim Julià-Torras**

**12.30 p.m.**

Clinical approach to the desire to hasten death

**Alberto Alonso**

**13.15 p.m.**

Lunch break

**14.30 p.m.**

Questions and answers about end-of-life decisions from an ethical perspective

**David Lorenzo**

**Jaime Boceta**

Moderator: **Andrea Rodríguez-Prat**

**15.15 p.m.**

What do professionals think about the DHD assessment?

**Maria Nabal**

Self-confidence of Spanish professionals in DHD management

**Cristina Monforte-Royo**

**16.00 p.m.**

International Conference: "The desire to hasten death in advanced disease: How a psychiatrist helps us"

**Oscar Rodríguez-Mayoral**

**16.55 p.m.**

Conclusions and Closing  
**Albert Balaguer**

